

Sunbury Village WI

Annual Report from the committee 2024/25

Hello, - just going to say a few words as a reminder about some of the fun activities we have been involved in the past year.

October 2024

We began the WI year with a last-minute postponement of our annual meeting which meant we had more time to enjoy a brilliantly created quiz hosted by Caroline and Sonia. The clever winning team walked away with a very large tub of chocolates.

We also had a night out at the theatre to see 'Here you come again' - the new Dolly Parton musical' at Woking Theatre. Great music set to an unusual storyline!

November 2024

We had a messy but fun evening in the church hall decorating bunting with Christmas designs. We were also visited by Heather from Storytime Magazine an educational magazine for children.

December 2024

We finished 2024 in style at Sunbury Village WI with festive taste testing (pucker or pants) at the Christmas Party. Crisps, crackers, cheese, cake and chocolates were all sampled. From the budget end we had Aldi, Poundland, Iceland and Lidl, Luxury was M&S and Waitrose. Not surprisingly some of the budget items were winners, especially the Aldi crackers and Iceland Christmas cake (a useful reminder at this time of the year!)

January 2025

January saw Sunbury Village WI celebrate our 13th Birthday!

Back by popular demand was the bring a dish supper in the Church Hall The food was delicious with savoury and sweet dishes including lots of treats. It wouldn't be a party without some games, so out came pass the parcel. We also had a bumper raffle to mark the occasion.

As well as the party we held our rescheduled annual meeting, thank you to Gerry Aris for officiating. We were delighted to have secured a new committee member - Sally Hodgetts

February 2025

In February we were joined by Rebecca Anderson for a really interesting and informative talk about the history of dentistry and the challenges facing NHS dental services now. This fed directly into this WI year's resolution – Dental Health Matters

March 2025

Back to the Church Hall in March for Beeswax candle rolling with Handmade Teddington who ran a fun, well organised evening for us all.

A small group of members also attended the 2025 Annual Council Meeting in Ealing where we had talks from the WI CEO, Melissa Green and Judith Holder who hosts the Older and Wider podcast with Jenny Éclair. Both speakers were entertaining and informative.

April 2025

In April we were visited by Ian Aurthur who gave us the inside scoop on royal protection and with his Anecdotes of an Armed Police Officer

He told us stories about the specialist side of Policing. Ian was an Armed Response Officer and Police Close Protection Officer (bodyguard) in the Metropolitan Police. He was involved in armed



operations and looked after some high profile, well known UK politicians and visiting heads of state RING WOME side of policing which the public are largely unaware of.

May 2025

May brought us a talk on Colour analysis. We were joined by Ghislaine for an engaging talk on colour analysis, where we explored how understanding your personal colour palette can enhance your style, boost confidence, and simplify wardrobe choices. The session introduced the seasonal approach to colour analysis—Spring, Summer, Autumn, and Winter—explaining how undertones, contrast, and clarity help determine which colours naturally flatter your skin tone, hair, and eyes. Whether we were curious about finding their best shades or simply enjoyed learning about colour, the talk offered practical insights and a bit of fun along the way!

June 2025

In June our presenter was Sarah Herbert, a qualified integrative health and nutrition coach who opened up some really interesting conversations by asking us to complete a wellness wheel to focus on the six key areas that are essential to being healthy and happy. We were asked to rate how we felt in each area on the wheel and we were invited to compare notes with a friend and consider committing to simple small actions that will help to improve your score in each area in order to feel healthier and happier.

July 2025

In July we took to the water from Walton on Thames for a 45-minute boat trip along the Thames from Walton to Weybridge. It was a lovely warm evening, and we all enjoyed the change of scenery.

We also enjoyed another theatre trip to see By Royal Appointment!

Additional Charity Support

Our members continue to make twiddle mitts and blankets continue for Ashford & St Peters hospital Dementia team – they have passed on their thanks. Donations were made to; Families Thriving Together - £100, Ashford and St Peters Hospital - £50, Much Loved - £50

Clubs

Book club - Meets regularly and provided book reviews for the newsletter

Walking Group – has not been running for quite a while now due to lack of attendees. Marianne Whitehorn has offered to try to get this going again if members would like her to.

Tea & Social - Thank you to Pam Ibrahima for coordinating and organising the tea and social group with regular attendance of approx.17 members.

Signed

Deborah Levy

Sunbury Village WI President